Intensive Family Support Program
Youth & Family Services Counseling Center
Program Goal

- The goal of this program is to increase the number of families who develop the skills necessary to maintain a safe, nurturing, and stable family environment for their children. This in turn will reduce the number of youth with behavioral health needs who require out-of-home care.
Program outcomes

- Child is successfully maintained in the family
- The family is satisfied with the progress of the child and the family as a whole
- Improvements in Functional Status Domains
  - Mental Health
  - Juvenile Justice
  - School Functioning
  - Alcohol and Drug Use
  - Social Support
- Child Assessments
  - Educational success, school attendance and performance improve
  - Behavioral and emotional strengths
  - Improved clinical and functional outcomes including impulse control
Program outcomes

- Family Assessments
  - More stable living situations
  - Improved attendance at work for caregivers
  - Decreased contacts with law enforcement
  - Reduced family stress
  - Improved social interactions, functional domains, and parenting skills

- Family Demographic Data
  - Other family members achieving success
  - Improved financial situation
Who are members of the Systems of Care Collaborative?

- John T. Vucurevich Foundation
- Rapid City Area School District
- Black Hills Children’s Home
- Youth & Family Services
- Lutheran Social Services
- Catholic Social Services
- Lifeways
- VOA Dakotas

- Behavior Management Systems
- Department of Social Services
  Child Protection
- Wellspring
- Division of Community Correction
- Court Services
- Regional Health
- Pennington County
What the Systems of Care Collaborative (SOCC) provides to the Intensive Family Support Program

• SOCC works with individual families to divert youth with behavioral health needs from residential placement
• SOCC coordinates family-driven, community-based, and culturally competent behavioral health services for children, youth, and their families
• SOCC representatives attend monthly meetings with the family to discuss service improvements and increase communication between partnering agencies
Referral Sources

• Department of Social Services
• Rapid City Area School District
• Regional Health (west unit)
• Juvenile Diversion Program
• Behavior Management Systems
Current Case Load

- The Program Coordinator, Amanda Hermsen, is currently serving 17 children/12 families.
- IFSP has had 250 referrals:
  - Amanda works with the families who are not accepted into the program to get them linked to other community resources.
- IFSP has found a huge gap in services for children with special needs. There is a need for after-school programming for special needs children, to provide academic support and nutrition, social, and cognitive behavioral skill-building for the children and respite for the caregivers.
Client A

- Recommended for placement at Human Services Center in Yankton
- Average length of stay is 6 months
- Cost per day is $593.03
- Client A was in IFSP for 9 months
- Client A successfully graduated from the IFS Program

<table>
<thead>
<tr>
<th>Items for the IFSP</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paperwork/Office Work</td>
<td>$160.25</td>
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<tr>
<td>Coordination/Direct services with the family</td>
<td>$100.00</td>
</tr>
<tr>
<td>Coaching Services</td>
<td>$1,611.00</td>
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<tr>
<td>Misc. for Coaching Services (meals, movies, extracurricular activity)</td>
<td>$404.80</td>
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<tr>
<td>Tutoring Services</td>
<td>$259.88</td>
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<tr>
<td>Team Meetings</td>
<td>$2,707.00</td>
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<tr>
<td>Mental Health</td>
<td>$3,746.00</td>
</tr>
</tbody>
</table>
• If Client A were to spend six months at the Human Services Center, total cost would be $108,227.97
• For the nine months that Client A was in the IFSP, total cost was $8,988.93
• The IFSP saved the state $99,239.04
• Some of the services provided to this family were:
  • Individual/family counseling
  • Transportation
  • Coaching services
  • Assistance with SSI/Unemployment paperwork and navigating that service
  • Tutoring
Client B

- Recommended for placement at Canyon Hills in Spearfish
- Average Length of stay is 10.6 months
- Cost per month is $5,447.93
- Client B was in the IFSP for 7 months
- *Client B is in YFS Boys Advocacy Program; there was no cost for coaching
- Client B was on 15 days of house arrest with no monitoring required, thus no cost
- Client B’s case has been closed out from the program due to lack of family commitment

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<tr>
<th>Items for IFSP</th>
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<tbody>
<tr>
<td>Paperwork/Office Work</td>
<td>$75.00</td>
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<tr>
<td>Coordination/Direct Services with the Family</td>
<td>$737.50</td>
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<td>Coaching Services *</td>
<td>$0</td>
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<td>Misc. for Coaching Services (meals, movies, gas, extracurricular activity)</td>
<td>$122.47</td>
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<td>Team Meeting</td>
<td>$1,059.00</td>
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<tr>
<td>Mental Health</td>
<td>$1,625.00</td>
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<tr>
<td>Anger Management Class</td>
<td>$651.00</td>
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Client B

- If Client B were to spend 10.6 months at Canyon Hills, total cost would be $57,748.06.
- The seven months that Client B was in the IFSP, total costs were $4,269.97.
- The IFSP saved the state $53,478.09.
- Some services that were provided to this family were:
  - Individual counseling
  - Transportation
  - Boys Health Advocacy Program (ongoing)
  - Anger management class
  - Crisis intervention assistance from the coordinator.
Client C

- Recommended for placement at STAR Academy in Custer, SD
- Average length of stay is 6 months
- Cost per day is $200
- Client C has been in the IFSP for 6 months

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<tr>
<th>Items for IFSP</th>
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<tbody>
<tr>
<td>Paperwork/office work</td>
<td>$50.00</td>
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<tr>
<td>Coordination/direct Services with Family</td>
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<tr>
<td>Coaching Services</td>
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<td>Misc. for Coaching Services (meals, movies, extracurricular activity)</td>
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<td>Tutoring</td>
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<td>Team Meeting</td>
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<td>Regional West Visit</td>
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Client C

- If Client C were to spend 6 months at Star Academy, total cost would be $36,500
- The six months that Client C has been in the IFSP has cost $8,258.56
- The IFSP has saved the state $28,241.22 *
- Some services that were provided to this family were:
  - Transportation
  - Boys Health Advocacy Program
  - Crisis intervention assistance from the coordinator
* Client is still receiving services
We are collecting detailed data and an evaluation report will be forthcoming.

A white paper has been created and will be presented to the State.

We are seeking modifications to the reimbursement policy to allow coverage for the coaches/mentors, participation of SOCC representatives at family staffings, and the cost of program coordination.

We will continue to monitor the success of participants as well as siblings.

We will seek community solutions to service gaps.