Task Force on Community Justice & Mental Health Early Intervention

A Community Mental Health Perspective
Mental Illness in the U.S. & SD

Mental Illness in the past year among adults (2014)

- Any mental illness: 18.1% (US) vs 16.8% (SD)
- Any mental illness, excluding SMI: 14.0% (US) vs 12.9% (SD)
- Serious mental illness: 4.1% (US) vs 3.9% (SD)

Source: Behavioral Health Trends in the United States: Results from the 2014 National Survey on Drug Use and Health
SD prevalence rate lower than national average, but staffing challenges are significant

- Health Professional Shortage Area (HPSA) designations are used to identify areas and population groups within the US that are experiencing a shortage of health professionals
- Mental Health HPSAs are based on a psychiatrist to population ratio of 1:30,000
Mental Health Care Received by Adults with Any Mental Illness or Serious Mental Illness in the Past Year (2014)

Source: Receipt of Services for Behavioral Health Problems: Results from the 2014 National Survey on Drug Use and Health, September 2015
State Funded Mental Health Services

• 11 Accredited Community Mental Health Centers
  • Services to over 18,000 individuals annually
  • Services include emergency services, integrated assessments, case management, individual and group therapy, psychiatry, and medication management

• Private Independent Mental Health Practitioners
  • Licensed psychologist, licensed professional counselor-mental health, clinical nurse specialist, or certified social worker-private independent practice

Source: South Dakota Department of Social Services
SUBSTANCE ABUSE & PREVENTION SERVICES

• State Funded Substance Abuse Services
  • 39 Accredited Substance Abuse Providers
  • Services to over 11,000 individuals annually
  • Services include crisis intervention, integrated assessments, outpatient treatment, day treatment, residential treatment, and inpatient treatment

• State Funded Prevention Services
  • 23 Prevention Providers
  • Provide evidence-based prevention services in schools and communities
  • Focus on substance abuse prevention and suicide prevention

Source: South Dakota Department of Social Services
HUMAN SERVICES CENTER

• Licensed specialty hospital – serves individuals ages 12 to end of life who are unable to be served by other providers
  • Inpatient psychiatric treatment
  • Inpatient substance abuse treatment
  • Geriatric psychiatric treatment
  • Court ordered competency evaluations and restoration

• Admissions
  • 1,960 admissions in FY15
  • 89% involuntary admissions

• Average Daily Census
  • 233 individuals

• Average Length of Stay
  • Adult Psychiatric - 13.4 days

• Forensic Evaluations
  • 28 completed in FY15 (15 from Minnehaha, 7 from Pennington)

Source: South Dakota Department of Social Services
COMMUNITY MENTAL HEALTH CENTER SERVICES

- **Outpatient Services** – mental health services provided to individuals who do not meet full serious emotional disturbance (SED) or serious mental illness (SMI) criteria
  - FY15: 4,546
- **CYF Services** – comprehensive, community based services provided to children under the age of 18 who meet SED criteria
  - FY15: 5,211
- **CARE** – person-centered, recovery-focused services providing medically necessary related mental health treatment, rehabilitative and support services to adults meeting SMI criteria
  - FY15: 6,296
- **IMPACT** – highest level of outpatient treatment for adults meeting SMI criteria who can’t be served in less restrictive services
  - FY15: 286

Source: South Dakota Department of Social Services
ADULT MENTAL HEALTH OUTCOMES

• IMPACT and CARE clients reported the number nights spent in the hospital for mental health care decreased by 74% after they entered services.

• IMPACT and CARE clients reported the number of visits to an emergency room for a psychiatric or emotional problem decreased by 69% after they entered services.

• Of the new IMPACT clients referred from HSC, 82% were not re-hospitalized.

• IMPACT and CARE clients reported a 34% increase in employment after entering services.

• 56% fewer IMPACT and CARE clients reported nights homeless after entering services.

Source: South Dakota Department of Social Services