

Intensive Family Support Program

Youth & Family Services Counseling Center



**JOHN T. VUCUREVICH
FOUNDATION**

...to make a piece of the world a brighter place.



*Youth & Family
Services*

Program Goal

- The goal of this program is to increase the number of families who develop the skills necessary to maintain a safe, nurturing, and stable family environment for their children. This in turn will reduce the number of youth with behavioral health needs who require out-of-home care.

Program outcomes

- Child is successfully maintained in the family
- The family is satisfied with the progress of the child and the family as a whole
- Improvements in Functional Status Domains
 - Mental Health
 - Juvenile Justice
 - School Functioning
 - Alcohol and Drug Use
 - Social Support
- Child Assessments
 - Educational success, school attendance and performance improve
 - Behavioral and emotional strengths
 - Improved clinical and functional outcomes including impulse control

Program outcomes

- Family Assessments
 - More stable living situations
 - Improved attendance at work for caregivers
 - Decreased contacts with law enforcement
 - Reduced family stress
 - Improved social interactions, functional domains, and parenting skills
- Family Demographic Data
 - Other family members achieving success
 - Improved financial situation

Who are members of the Systems of Care Collaborative?

- John T. Vucurevich Foundation
- Rapid City Area School District
- Black Hills Children's Home
- Youth & Family Services
- Lutheran Social Services
- Catholic Social Services
- Lifeways
- VOA Dakotas
- Behavior Management Systems
- Department of Social Services
Child Protection
- Wellspring
- Division of Community Correction
- Court Services
- Regional Health
- Pennington County

What the Systems of Care Collaborative (SOCC) provides to the Intensive Family Support Program

- SOCC works with individual families to divert youth with behavioral health needs from residential placement
- SOCC coordinates family-driven, community-based, and culturally competent behavioral health services for children, youth, and their families
- SOCC representatives attend monthly meetings with the family to discuss service improvements and increase communication between partnering agencies

Referral Sources

- Department of Social Services
- Rapid City Area School District
- Regional Health (west unit)
- Juvenile Diversion Program
- Behavior Management Systems

Current case load

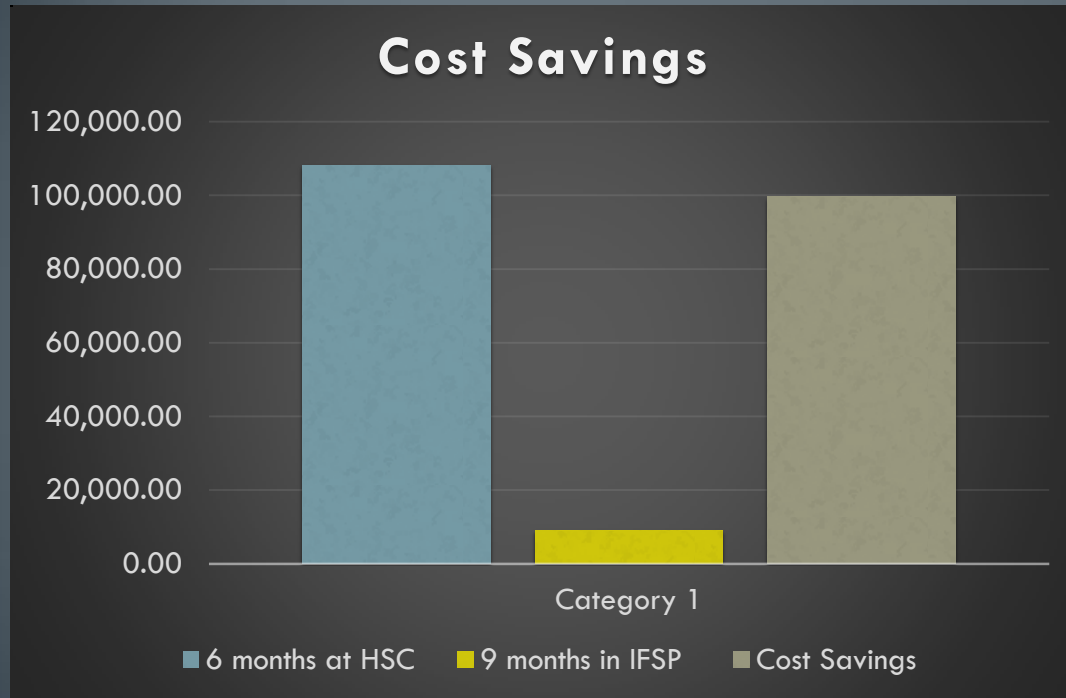
- The Program Coordinator, Amanda Hermsen, is currently serving 17 children/12 families
- IFSP has had 250 referrals
 - Amanda works with the families who are not accepted into the program to get them linked to other community resources
- IFSP has found a huge gap in services for children with special needs. There is a need for after school programming for special needs children, to provide academic support and nutrition, social, and cognitive behavioral skill-building for the children and respite for the caregivers.

Client A

- Recommended for placement at Human Services Center in Yankton
- Average length of stay is 6 months
- Cost per day is \$593.03
- Client A was in IFSP for 9 months
- Client A successfully graduated from the IFS Program

Items for the IFSP	Cost
Paperwork/Office Work	\$160.25
Coordination/Direct services with the family	\$100.00
Coaching Services	\$1,611.00
Misc. for Coaching Services (meals, movies, extracurricular activity)	\$404.80
Tutoring Services	\$259.88
Team Meetings	\$2,707.00
Mental Health	\$3,746.00

Client A



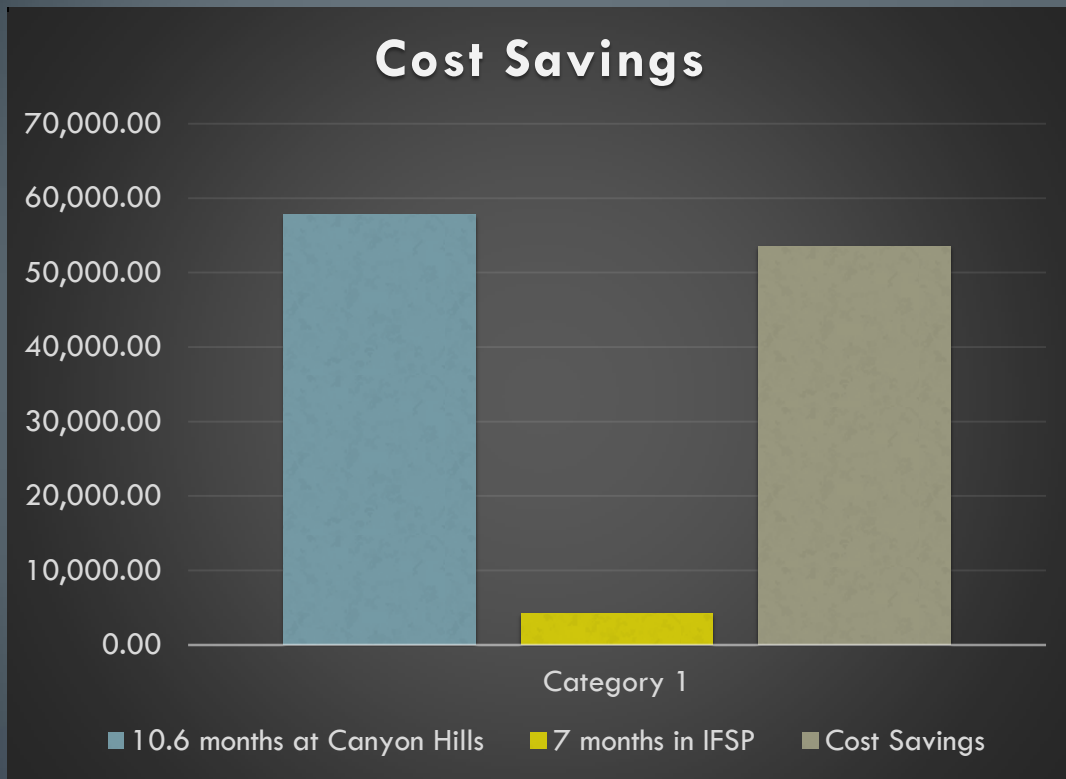
- If Client A were to spend six months at the Human Services Center, total cost would be \$108,227.97
- For the nine months that Client A was in the IFSP, total cost was \$8,988.93
- The IFSP saved the state \$99,239.04
- Some of the services provided to this family were:
 - Individual/family counseling
 - Transportation
 - Coaching services
 - Assistance with SSI/Unemployment paperwork and navigating that service
 - Tutoring

Client B

- Recommended for placement at Canyon Hills in Spearfish
- Average Length of stay is 10.6 months
- Cost per month is \$5,447.93
- Client B was in the IFSP for 7 months
- *Client B is in YFS Boys Advocacy Program; there was no cost for coaching
- Client B was on 15 days of house arrest with no monitoring required, thus no cost
- Client B's case has been closed out from the program due to lack of family commitment

Items for IFSP	Cost
Paperwork/Office Work	\$75.00
Coordination/Direct Services with the Family	\$737.50
Coaching Services *	\$0
Misc. for Coaching Services (meals, movies, gas, extracurricular activity)	\$122.47
Team Meeting	\$1,059.00
Mental Health	\$1,625.00
Anger Management Class	\$651.00

Client B



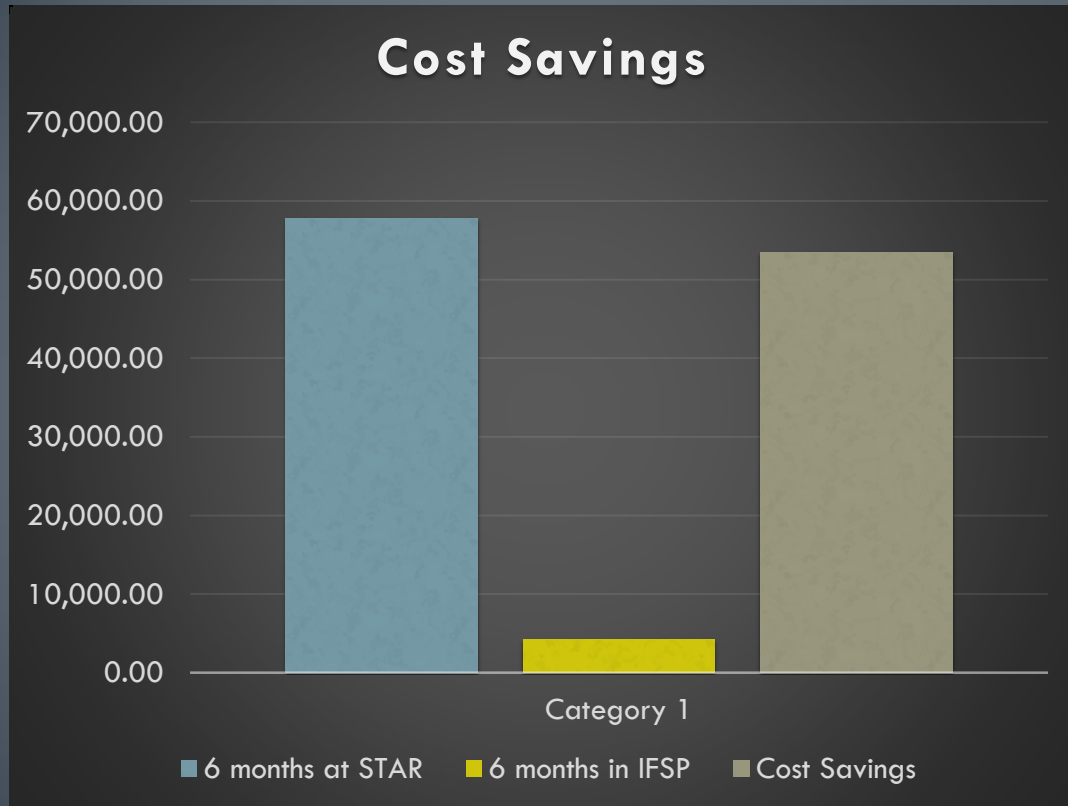
- If Client B were to spend 10.6 months at Canyon Hills total cost would be \$57,748.06
- The seven months that Client B was in the IFSP, total costs were \$4,269.97
- The IFSP saved the state \$53,478.09
- Some services that were provided to this family were:
 - Individual counseling
 - Transportation
 - Boys Health Advocacy Program (ongoing)
 - Anger management class
 - Crisis intervention assistance from the coordinator

Client C

- Recommended for placement at STAR Academy in Custer, SD
- Average length of stay is 6 months
- Cost per day is \$200
- Client C has been in the IFSP for 6 months

Items for IFSP	Cost
Paperwork/office work	\$50.00
Coordination/direct Services with Family	\$162.50
Coaching Services	\$175.00
Misc. for Coaching Services (meals, movies, extracurricular activity)	\$33.81
Tutoring	\$24.75
Team Meeting	\$1,312.50
Regional West Visit	\$6,500.00

Client C



- If Client C were to spend 6 months at Star Academy, total cost would be \$36,500
- The six months that Client C has been in the IFSP has cost \$8,258.56
- The IFSP has saved the state \$28,241.22 *
- Some services that were provided to this family were:
 - Transportation
 - Boys Health Advocacy Program
 - Crisis intervention assistance from the coordinator
- * Client is still receiving services

Next Steps

- We are collecting detailed data and a evaluation report will be forthcoming.
- A white paper has been created and will be presented to the State.
- We are seeking modifications to the reimbursement policy to allow coverage for the coaches/mentors, participation of SOCC representatives at family staffings, and the cost of program coordination.
- We will continue to monitor the success of participants as well as siblings.
- We will seek community solutions to service gaps.