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Prepared for John T. Vucurevich Foundation

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**Black Hills Mental Health and Substance Abuse Collaborative
Mental Health & Substance Abuse Service Needs Survey
2012**

In the spring of 2012, the Vucurevich Foundation commissioned a study of the mental health and substance abuse needs of the Black Hills region. This region encompasses six counties in the western part of South Dakota. Approximately 15 professionals from the mental health and substance abuse community collaborated to identify items in the survey.

In March 2012, the survey was disseminated to approximately 10,000 Black Hills residents. The survey was announced through a mailing of a post card asking individuals to complete the survey online. Individuals could request a paper copy of the survey if they did not have internet access. In May 2012, the actual survey was mailed to 5,000 households in the Black Hills. The survey mailing was targeted towards individuals in the 40 year old and older age group. The total number of surveys received was 481. The survey data was complete by August 30, 2012.

Table 1.0 Responses by Gender		
Gender	Number	Percent
Male	175	36.38%
Female	297	61.75%
No Response	9	1.87%
Totals	481	

Table 2.0 Responses by Age		
Age Group	Number	Percent
18-20	2	0.42%
21-30	43	8.94%
31-40	44	9.15%
41-50	77	16.01%
51-60	143	29.73%
61-70	97	20.17%
71-80	59	12.27%
81-90	8	1.66%
91 and older	1	0.21%
No response	7	1.46%
Totals	481	

Table 3.0 Responses by County		
County	Number	Percent
Butte	19	3.93%
Lawrence	52	10.77%
Meade	62	12.84%
Pennington	302	62.53%
Custer	19	3.93%
Fall River	16	3.31%
Brown	1	0.21%
Harding	1	0.21%
No response	11	2.28%
Totals	483	

Table 4.0 Responses by Ethnicity		
Ethnicity	Number	Percent
Caucasian or White	428	87.70%
African American or Black	4	0.82%
Native or American Indian	21	4.30%
Asian	2	0.41%
Latino or Hispanic	9	1.84%
Other	15	3.07%
No response	9	1.84%
Totals	488	

Table 5.0 Responses by Marital Status		
Status	Number	Percent
Single	64	13.25%
Married	286	59.21%
Divorced	64	13.25%
Cohabitation	17	3.52%
Separated	1	0.21%
Widowed	37	7.66%
Other	4	0.83%
No response	11	2.28%
Totals	484	

Table 6.0 Responses by Education Level		
Education Level	Number	Percent
Did not graduate high school	8	1.66%
High School/GED	56	11.64%
Vocational/Technical/Some College	135	28.07%
Completed College Degree	271	56.34%
No Response	11	2.29%
Totals	481	

Table 7.0 Responses by Military Experience		
Military	Number	Percent
Did not serve	371	69.22%
Active Duty	97	18.10%
Reserves	18	3.36%
National Guards	18	3.36%
Ellsworth AFB	11	2.05%
No Response	21	3.92%
Totals	536	<i>*Duplicated/could respond to more than one</i>

Table 8.0 Number in Household and Under 18 years of Age				
Total Number	Responses for Number in Household	Percent of Responses in Household	Responses for Number Under 18 Years of Age	Percent of Responses Under 18 Years of Age
0	0	0.00%	245	68.06%
1	117	24.32%	39	10.83%
2	212	44.07%	47	13.06%
3	39	8.11%	16	4.44%
4	58	12.06%	11	3.06%
5	21	4.37%	1	0.28%
6	10	2.08%	0	0.00%
7	0	0.00%	1	0.28%
8	1	0.21%		
9	1	0.21%		
No response	22	4.57%		
Total	481		360	

Table 9.0 Responses by Income		
Income Levels	Number	Percent
\$0-\$15,000	28	5.82%
\$15,001 - \$30,000	77	16.01%
\$30,001 - \$45,000	70	14.55%
\$45,001 - \$60,000	70	14.55%
\$60,001 - \$75,000	58	12.06%
\$75,001 or more	118	24.53%
No Response	60	12.47%
Total	481	

Table 10.0 Responses by Health Insurance		
Health Insurance	Number	Percent
Have Insurance	412	85.65%
Do Not Have Insurance	47	9.77%
Not Sure	3	0.62%
No Response	19	3.95%
Totals	481	

Table 11.0 Responses by Health Insurance Coverage for MH/SA		
Health Insurance	Number	Percent
Yes, it covers	227	47.19%
No, it does not cover	34	7.07%
Not Sure	153	31.81%
No Response	67	13.93%
Totals	481	

Further analysis was conducted comparing those that are covered by health insurance and whether or not they received mental health or substance abuse services. Of the 227 individuals who stated that they have health insurance and it covers services, 110 have received services. Of those who do not have health insurance coverage for mental health and substance abuse services (n = 34), 13 individuals received services. Finally, of the 153 individuals who were “not sure” if the health insurance covers the services, 37 did receive services at some point.

As shown in Table XII, physician referral is the greatest source of finding mental health and substance abuse services (n = 217). The other most used sources are the phone book (n = 167), friend or relative (n=159), and internet (n = 144).

Table 12.0 How Would You Find Services?		
Sources	Number of Responses	Percent of Responses
211 Helpline	80	7.16%
Advertisement	51	4.57%
Court Ordered	20	1.79%
Crisis Care Center	31	2.78%
Friend or Relative	159	14.23%
Internet	144	12.89%
Phone Book	167	14.95%
Physician Referral	217	19.43%
Spiritual/Faith Leader	65	5.82%
Other Mental Health Provider	100	8.95%
I Do Not Know	50	4.48%
Other	33	2.95%
Total	1117	<i>*Duplicated/could respond to more than one</i>

**Table 13.0
How Aware Are You of These Agencies?**

	Total Responses	Available To Me		Available But Not To Me		Not Available		I Do Not Know	
		N	%	N	%	N	%	N	%
Behavior Management Systems	443	284	64.1%	35	7.9%	14	3.2%	110	24.8%
Catholic Social Services	444	234	52.7%	43	9.7%	17	3.8%	150	33.8%
City/County Alcohol & Drug	441	233	52.8%	41	9.3%	9	2.0%	158	35.8%
Community Health Center of the Black Hills	435	210	48.3%	44	10.1%	18	4.1%	163	37.5%
Indian Health Services	436	104	23.9%	169	38.8%	37	8.5%	126	28.9%
Lutheran Social Services	437	239	54.7%	37	8.5%	17	3.9%	144	33.0%
Northern Hills Alcohol & Drug	435	163	37.5%	41	9.4%	47	10.8%	184	42.3%
Primary Physician	438	314	71.7%	25	5.7%	3	0.7%	96	21.9%
Private Counselor; Psychologist	432	298	69.0%	33	7.6%	10	2.3%	91	21.1%
Psychiatrist	428	270	63.1%	28	6.5%	25	5.8%	105	24.5%
Regional Behavioral Health	427	233	54.6%	23	5.4%	19	4.5%	152	35.6%
Southern Hills Alcohol & Drug	428	116	27.1%	44	10.3%	66	15.4%	202	47.2%
Veterans Administration	433	147	33.9%	177	40.9%	22	5.1%	87	20.1%
Wellspring	428	164	38.3%	66	15.4%	23	5.4%	175	40.9%
Youth & Family Services	428	185	43.2%	95	22.2%	11	2.6%	137	32.0%
EAFB Medical	429	84	19.6%	163	38.0%	41	9.6%	141	32.9%
Other	268	54	20.1%	12	4.5%	8	3.0%	194	72.4%
Total	7210	3332	46.2%	1076	14.9%	387	5.4%	2415	33.5%

Table 13.1
How Aware Are You of These Agencies?
"I Do Not Know" Responses by County

	Butte	Lawrence	Meade	Pennington	Custer	Fall River	Other
Behavior Management Systems	11	20	15	51	8	5	0
Catholic Social Services	11	27	19	75	8	9	1
City/County Alcohol & Drug	12	30	22	79	9	6	0
Community Health Center of the Black Hills	13	34	22	75	10	8	1
Indian Health Services	13	30	17	54	7	5	0
Lutheran Social Services	14	28	19	66	9	8	0
Northern Hills Alcohol & Drug	12	18	18	118	7	9	1
Primary Physician	6	9	16	57	3	4	1
Private Counselor; Psychologist	11	13	16	40	6	4	1
Psychiatrist	10	24	16	41	8	6	0
Regional Behavioral Health	12	26	20	74	11	8	1
Southern Hills Alcohol & Drug	12	32	25	120	10	2	1
Veterans Administration	10	10	10	47	8	2	0
Wellspring	14	35	22	83	11	9	1
Youth & Family Services	10	26	18	70	9	3	1
EAFB Medical	11	25	17	69	11	7	1
Other	11	30	24	115	7	6	0
AVERAGE	11.35	24.53	18.59	72.59	8.35	5.94	0.59

Table 14.0
What Services are Available in these MH/SA Areas?

	Total Responses	Available To Me		Available But Not To Me		Not Available		I Do Not Know	
		N	%	N	%	N	%	N	%
Addictions Substance Abuse	439	318	72.4%	32	7.3%	7	1.6%	82	18.7%
Anxiety	437	242	55.4%	45	10.3%	8	1.8%	142	32.5%
Attention Deficit	437	240	54.9%	35	8.0%	12	2.7%	150	34.3%
Aspergers/Autism	425	156	36.7%	38	8.9%	15	3.5%	216	50.8%
Bipolar	436	237	54.4%	33	7.6%	10	2.3%	156	35.8%
Bullying	435	167	38.4%	55	12.6%	12	2.8%	201	46.2%
Behavioral/Conduct	437	239	54.7%	35	8.0%	8	1.8%	155	35.5%
Dementia Alzheimers	433	222	51.3%	43	9.9%	9	2.1%	159	36.7%
Depression	438	294	67.1%	31	7.1%	7	1.6%	106	24.2%
Eating Disorders	436	201	46.1%	52	11.9%	15	3.4%	168	38.5%
Emotional Abuse	436	245	56.2%	39	8.9%	7	1.6%	145	33.3%
FASD	437	184	42.1%	49	11.2%	12	2.7%	192	43.9%
Gambling	434	215	49.5%	47	10.8%	12	2.8%	160	36.9%
Grief Issues	434	259	59.7%	54	12.4%	10	2.3%	111	25.6%
Parenting	432	253	58.6%	52	12.0%	4	0.9%	123	28.5%
Personality Disorders	435	207	47.6%	41	9.4%	9	2.1%	178	40.9%
Phobias	433	171	39.5%	41	9.5%	11	2.5%	210	48.5%
Physical Abuse	432	282	65.3%	39	9.0%	2	0.5%	109	25.2%
PTSD	435	239	54.9%	55	12.6%	5	1.1%	136	31.3%
Relationships	434	287	66.1%	38	8.8%	5	1.2%	104	24.0%
Schizophrenia	430	194	45.1%	38	8.8%	8	1.9%	190	44.2%
Sexual Abuse	433	248	57.3%	50	11.5%	5	1.2%	130	30.0%
Suicidal Thoughts	434	270	62.2%	43	9.9%	7	1.6%	114	26.3%

Table 14.0									
What Services are Available in these MH/SA Areas?									
		Available To Me		Available But Not To Me		Not Available		I Do Not Know	
	Total Responses	N	%	N	%	N	%	N	%
Traumatic Brain Injury	432	188	43.5%	43	10.0%	18	4.2%	183	42.4%
Violence/Domestic	432	281	65.0%	46	10.6%	2	0.5%	103	23.8%
Other	182	23	12.6%	6	3.3%	1	0.5%	152	83.5%
Total	11038	5862	53.1%	1080	9.8%	221	2.0%	3875	35.1%

Table 14.1							
What Services are Available in these MH/SA Areas?							
“I Do Not Know” Responses by Age							
	Total Responses	Less Than 40 Years	%	41 - 60 Years	%	61 Years or Older	%
Addictions Substance Abuse	82	9	11.0%	26	31.7%	47	57.3%
Anxiety	142	15	10.6%	59	41.5%	68	47.9%
Attention Deficit	150	15	10.0%	66	44.0%	69	46.0%
Aspergers/Autism	216	32	14.8%	99	45.8%	85	39.4%
Bipolar	156	17	10.9%	71	45.5%	68	43.6%
Bullying	201	25	12.4%	94	46.8%	82	40.8%
Behavioral/Conduct	155	18	11.6%	71	45.8%	66	42.6%
Dementia Alzheimers	159	24	15.1%	70	44.0%	65	40.9%
Depression	106	13	12.3%	40	37.7%	53	50.0%
Eating Disorders	168	21	12.5%	74	44.0%	73	43.5%
Emotional Abuse	145	16	11.0%	60	41.4%	69	47.6%
FASD	192	26	13.5%	84	43.8%	82	42.7%
Gambling	160	24	15.0%	75	46.9%	61	38.1%
Grief Issues	111	12	10.8%	48	43.2%	51	45.9%
Parenting	123	11	8.9%	47	38.2%	65	52.8%

Table 14.1 What Services are Available in these MH/SA Areas? “I Do Not Know” Responses by Age							
	Total Responses	Less Than 40 Years	%	41 - 60 Years	%	61 Years or Older	%
Personality Disorders	178	20	11.2%	84	47.2%	74	41.6%
Phobias	210	28	13.3%	97	46.2%	85	40.5%
Physical Abuse	109	13	11.9%	44	40.4%	52	47.7%
PTSD	136	16	11.8%	59	43.4%	61	44.9%
Relationships	104	10	9.6%	44	42.3%	50	48.1%
Schizophrenia	190	27	14.2%	87	45.8%	76	40.0%
Sexual Abuse	130	15	11.5%	54	41.5%	61	46.9%
Suicidal Thoughts	114	10	8.8%	46	40.4%	58	50.9%
Traumatic Brain Injury	183	26	14.2%	75	41.0%	82	44.8%
Violence/Domestic	103	10	9.7%	42	40.8%	51	49.5%

Table 14.2 What Services are Available in these MH/SA Areas? “I Do Not Know” Responses by County							
	Butte	Lawrence	Meade	Pennington	Custer	Fall River	Other
Addictions Substance Abuse	7	14	15	35	9	2	0
Anxiety	12	23	27	66	9	5	0
Attention Deficit	14	23	26	71	9	7	0
Aspergers/Autism	14	30	31	122	10	9	0
Bipolar	14	23	27	77	9	6	0
Bullying	12	30	32	112	8	7	0
Behavioral/Conduct	14	27	22	78	9	5	0
Dementia Alzheimers	12	23	24	86	7	7	0
Depression	12	19	19	46	6	4	0
Eating Disorders	13	28	27	83	10	7	0

Table 14.2
What Services are Available in these MH/SA Areas?
"I Do Not Know" Responses by County

	Butte	Lawrence	Meade	Pennington	Custer	Fall River	Other
Emotional Abuse	12	24	25	71	8	5	0
FASD	12	34	26	101	11	8	0
Gambling	13	19	24	87	9	8	0
Grief Issues	13	18	18	50	8	4	0
Parenting	11	20	21	57	9	5	0
Personality Disorders	13	31	28	91	9	6	0
Phobias	13	33	32	112	12	7	1
Physical Abuse	13	19	17	51	6	3	0
PTSD	13	23	20	67	9	4	0
Relationships	12	19	20	42	8	3	0
Schizophrenia	13	32	34	95	9	7	0
Sexual Abuse	13	22	21	61	8	5	0
Suicidal Thoughts	13	19	20	51	7	4	0
Traumatic Brain Injury	13	34	26	93	11	6	0
Violence/Domestic	12	18	18	44	7	3	1

Table 15.0
What Types of Services are Available in these MH/SA Areas?

	Total Responses	Available To Me		Available But Not To Me		Not Available		I Do Not Know	
		N	%	N	%	N	%	N	%
MH Assessments/Evals	428	282	65.9%	27	6.3%	8	1.9%	111	25.9%
SA Assessments/Evals	427	280	65.6%	32	7.5%	3	0.7%	112	26.2%
Detox	427	223	52.2%	31	7.3%	22	5.2%	151	35.4%
Educational Classes	426	271	63.6%	38	8.9%	7	1.6%	110	25.8%

Table 15.0									
What Types of Services are Available in these MH/SA Areas?									
		Available To Me		Available But Not To Me		Not Available		I Do Not Know	
	Total Responses	N	%	N	%	N	%	N	%
Family Counseling	429	297	69.2%	30	7.0%	7	1.6%	95	22.1%
Group Therapy	428	255	59.6%	37	8.6%	10	2.3%	126	29.4%
Individual Counseling	428	312	72.9%	21	4.9%	5	1.2%	90	21.0%
Inpatient MH	426	230	54.0%	33	7.7%	29	6.8%	134	31.5%
Inpatient SA	428	197	46.0%	46	10.7%	32	7.5%	153	35.7%
Psychiatric Meds Mgmt	427	223	52.2%	31	7.3%	12	2.8%	161	37.7%
Residential MH	428	168	39.3%	37	8.6%	41	9.6%	182	42.5%
Residential SA	427	166	38.9%	42	9.8%	37	8.7%	182	42.6%
Respite	426	136	31.9%	50	11.7%	20	4.7%	220	51.6%
Specialized Long Term	424	132	31.1%	48	11.3%	32	7.5%	212	50.0%
Support Group	427	302	70.7%	24	5.6%	1	0.2%	100	23.4%
Other	179	21	11.7%	4	2.2%	2	1.1%	152	84.9%
Total	6585	3495	53.1%	531	8.1%	268	4.1%	2291	34.8%

Table 16.0		
Received MH or SA Services		
Responses	Number	Percent
Yes	179	37.21%
No	245	50.94%
I Do Not Know	6	1.25%
No Response	51	10.60%
Totals	481	

Table 17.0 Received MH or SA Services by Individual <i>*Duplicated/could respond to more than one</i>									
Responses	Total	Self		Child		Spouse		Other	
		n	%	n	%	n	%	n	%
Received in Past 12 Months	114	51	44.7%	37	32.5%	15	13.2%	11	9.6%
Received more than 12 Months Ago	230	99	43.0%	75	32.6%	40	17.4%	16	7.0%
Totals	344	150	43.6%	112	32.6%	55	16.0%	27	7.8%

Table 18.0 How Long Between First Contact and First Appointment with Agencies? <i>*Duplicated/could respond to more than one</i>									
	Total	Less Than 1 Week		8-14 Days		15-30 Days		More Than a Month	
		N	%	N	%	N	%	N	%
Behavior Management Systems	124	79	63.7%	23	18.5%	12	9.7%	10	8.1%
Catholic Social Services	21	6	28.6%	7	33.3%	0	0.0%	8	38.1%
City/County Alcohol & Drug	24	11	45.8%	3	12.5%	1	4.2%	9	37.5%
Community Health Center of the Black Hills	23	8	34.8%	3	13.0%	3	13.0%	9	39.1%
Indian Health Services	15	6	40.0%	1	6.7%	2	13.3%	6	40.0%
Lutheran Social Services	33	16	48.5%	8	24.2%	1	3.0%	8	24.2%
Northern Hills Alcohol & Drug	16	5	31.3%	3	18.8%	0	0.0%	8	50.0%
Primary Physician	68	40	58.8%	14	20.6%	5	7.4%	9	13.2%
Private Counselor; Psychologist	86	42	48.8%	24	27.9%	8	9.3%	12	14.0%
Psychiatrist	63	16	25.4%	21	33.3%	9	14.3%	17	27.0%

Table 18.0
How Long Between First Contact and First Appointment with Agencies?
**Duplicated/could respond to more than one*

	Total	Less Than 1 Week		8-14 Days		15-30 Days		More Than a Month	
		N	%	N	%	N	%	N	%
Regional Behavioral Health	30	15	50.0%	4	13.3%	3	10.0%	8	26.7%
Southern Hills Alcohol & Drug	13	6	46.2%	1	7.7%	0	0.0%	6	46.2%
Veterans Administration	31	12	38.7%	3	9.7%	7	22.6%	9	29.0%
Wellspring	12	2	16.7%	3	25.0%	1	8.3%	6	50.0%
Youth & Family Services	12	5	41.7%	1	8.3%	1	8.3%	5	41.7%
EAFB Medical	9	4	44.4%	0	0.0%	0	0.0%	5	55.6%
Other	14	6	42.9%	2	14.3%	2	14.3%	4	28.6%
Total	594	279	47.0%	121	20.4%	55	9.3%	139	23.4%

Table 19.0
Type of Practitioner Last Seen

Practitioner	Number	Percent
Case Manager	22	4.57%
Mental Health Counselor or Social Worker	75	15.59%
Nurse Practitioner or Physician Assistant	22	4.57%
Primary Physician	52	10.81%
Psychiatrist	48	9.98%
Psychologist	36	7.48%
Substance Abuse Counselor	33	6.86%
I Do Not Know	13	2.70%
Other	11	2.29%
No response	1	0.21%
Totals	313	<i>*Duplicated/could respond to more than one</i>

Table 20.0
What Services Did You Receive in these MH/SA Areas?
**Duplicated/could respond to more than one*

	Total Responses	Self		Child(ren)		Spouse		Other	
		N	%	N	%	N	%	N	%
Addictions Substance Abuse	78	24	30.8%	34	43.6%	10	12.8%	10	12.8%
Anxiety	86	47	54.7%	24	27.9%	10	11.6%	5	5.8%
Attention Deficit	31	7	22.6%	21	67.7%	1	3.2%	2	6.5%
Aspergers/Autism	8	0	0.0%	5	62.5%	1	12.5%	2	25.0%
Bipolar	24	7	29.2%	11	45.8%	2	8.3%	4	16.7%
Bullying	7	0	0.0%	4	57.1%	0	0.0%	3	42.9%
Behavioral/Conduct	25	9	36.0%	12	48.0%	1	4.0%	3	12.0%
Dementia Alzheimers	7	0	0.0%	0	0.0%	1	14.3%	6	85.7%
Depression	127	69	54.3%	26	20.5%	24	18.9%	8	6.3%
Eating Disorders	11	5	45.5%	2	18.2%	1	9.1%	3	27.3%
Emotional Abuse	17	12	70.6%	2	11.8%	0	0.0%	3	17.6%
FASD	4	0	0.0%	2	50.0%	0	0.0%	2	50.0%
Gambling	6	2	33.3%	0	0.0%	1	16.7%	3	50.0%
Grief Issues	49	34	69.4%	6	12.2%	5	10.2%	4	8.2%
Parenting	22	17	77.3%	1	4.5%	3	13.6%	1	4.5%
Personality Disorders	16	7	43.8%	3	18.8%	2	12.5%	4	25.0%
Phobias	8	4	50.0%	0	0.0%	0	0.0%	4	50.0%
Physical Abuse	9	4	44.4%	2	22.2%	0	0.0%	3	33.3%
PTSD	35	20	57.1%	5	14.3%	7	20.0%	3	8.6%
Relationships	68	42	61.8%	2	2.9%	21	30.9%	3	4.4%
Schizophrenia	8	4	50.0%	0	0.0%	0	0.0%	4	50.0%
Sexual Abuse	24	13	54.2%	5	20.8%	2	8.3%	4	16.7%
Suicidal Thoughts	26	14	53.8%	9	34.6%	2	7.7%	1	3.8%

Table 20.0
What Services Did You Receive in these MH/SA Areas?
**Duplicated/could respond to more than one*

	Total Responses	Self		Child(ren)		Spouse		Other	
		N	%	N	%	N	%	N	%
Traumatic Brain Injury	8	4	50.0%	0	0.0%	2	25.0%	2	25.0%
Violence/Domestic	16	9	56.3%	4	25.0%	0	0.0%	3	18.8%
Other	11	2	18.2%	3	27.3%	2	18.2%	4	36.4%
Total	731	356	48.7%	183	25.0%	98	13.4%	94	12.9%

TABLE 20.1
Rank Order of Services Received

SELF	CHILD(REN)	SPOUSE	OTHER
Depression	69 Addictions Substance Abuse	34 Depression	24 Addictions Substance Abuse
Anxiety	47 Depression	26 Relationships	21 Depression
Relationships	42 Anxiety	24 Addictions Substance Abuse	10 Dementia Alzheimers
Grief Issues	34 Attention Deficit	21 Anxiety	10 Anxiety
Addictions Substance Abuse	24 Behavioral/C onduct	12 PTSD	7 Grief Issues
PTSD	20 Bipolar	11 Grief Issues	5 Bipolar
Parenting	17 Suicidal Thoughts	9 Parenting	3 Sexual Abuse
Suicidal Thoughts	14 Grief Issues	6 Bipolar	2 Personality Disorders
Sexual Abuse	13 PTSD	5 Suicidal Thoughts	2 Other
Emotional Abuse	12 Sexual Abuse	5 Sexual Abuse	2 Phobias
Behavioral/Conduct	9 Aspergers/Autism	5 Personality Disorders	2 Schizophrenia
Violence/Domestic	9 Violence/Domestic	4 Other	2 Relationships
Attention Deficit	7 Bullying	4 Traumatic Brain Injury	2 PTSD
Bipolar	7 Personality Disorders	3 Attention Deficit	1 Behavioral/Conduct
Personality Disorders	7 Other	3 Behavioral/Conduct	1 Eating Disorders
Eating Disorders	5 Relationships	2 Aspergers/Autism	1 Gambling
Phobias	4 Emotional Abuse	2 Eating Disorders	1 Violence/Domestic
Physical Abuse	4 Eating Disorders	2 Gambling	1 Bullying
Schizophrenia	4 Physical Abuse	2 Dementia Alzheimers	1 Emotional Abuse
Traumatic Brain Injury	4 FASD	2 Violence/Domestic	0 Physical Abuse
Gambling	2 Parenting	1 Bullying	0 Traumatic Brain Injury
Other	2 Phobias	0 Emotional Abuse	0 Attention Deficit
Aspergers/Autism	0 Schizophrenia	0 Physical Abuse	0 Aspergers/Autism
Bullying	0 Traumatic Brain Injury	0 FASD	0 FASD
Dementia Alzheimers	0 Gambling	0 Phobias	0 Parenting
FASD	0 Dementia Alzheimers	0 Schizophrenia	0 Suicidal Thoughts

Table 20.2
What Services Did You Receive in these MH/SA Areas?
“Self” Responses by Age

	Total	Less Than 40 Years	%	41 - 60 Years	%	61 Years or Older	%
Addictions Substance Abuse	24	6	25.00%	14	58.33%	4	16.67%
Anxiety	47	12	25.53%	28	59.57%	7	14.89%
Attention Deficit	7	3	42.86%	4	57.14%	0	0.00%
Bipolar	7	1	14.29%	5	71.43%	1	14.29%
Behavioral/Conduct	9	3	33.33%	6	66.67%	0	0.00%
Depression	69	19	27.54%	38	55.07%	12	17.39%
Eating Disorders	5	4	80.00%	1	20.00%	0	0.00%
Emotional Abuse	12	4	33.33%	8	66.67%	0	0.00%
Gambling	2	1	50.00%	1	50.00%	0	0.00%
Grief Issues	34	8	23.53%	20	58.82%	6	17.65%
Parenting	17	3	17.65%	12	70.59%	2	11.76%
Personality Disorders	7	2	28.57%	5	71.43%	0	0.00%
Phobias	4	2	50.00%	2	50.00%	0	0.00%
Physical Abuse	4	2	50.00%	2	50.00%	0	0.00%
PTSD	20	4	20.00%	13	65.00%	3	15.00%
Relationships	41	6	14.63%	27	65.85%	8	19.51%
Schizophrenia	4	2	50.00%	2	50.00%	0	0.00%
Sexual Abuse	13	5	38.46%	8	61.54%	0	0.00%
Suicidal Thoughts	14	3	21.43%	9	64.29%	2	14.29%
Traumatic Brain Injury	4	1	25.00%	2	50.00%	1	25.00%
Violence/Domestic	9	3	33.33%	6	66.67%	0	0.00%
Other	2	0	0.00%	2	100.00%	0	0.00%

**Table 21.0
What Types of Services Did You Receive?**

	Total Responses	Self		Child(ren)		Spouse		Other	
		N	%	N	%	N	%	N	%
Aftercare for SA	45	12	26.7%	21	46.7%	10	22.2%	2	4.4%
Assessments/Evals	81	27	33.3%	29	35.8%	13	16.0%	12	14.8%
Case Management	33	11	33.3%	12	36.4%	5	15.2%	5	15.2%
Crisis Management	12	6	50.0%	2	16.7%	2	16.7%	2	16.7%
Educational Classes	31	12	38.7%	6	19.4%	9	29.0%	4	12.9%
Family Counseling	55	24	43.6%	17	30.9%	13	23.6%	1	1.8%
Group Therapy	39	18	46.2%	8	20.5%	8	20.5%	5	12.8%
Individual Counseling	148	72	48.6%	50	33.8%	20	13.5%	6	4.1%
Inpatient MH	35	11	31.4%	19	54.3%	1	2.9%	4	11.4%
Inpatient SA	34	8	23.5%	13	38.2%	9	26.5%	4	11.8%
Intensive Outpatient	23	8	34.8%	5	21.7%	5	21.7%	5	21.7%
Psychiatric Meds Mgmt	78	30	38.5%	29	37.2%	11	14.1%	8	10.3%
Residential MH	7	1	14.3%	2	28.6%	1	14.3%	3	42.9%
Residential SA	12	1	8.3%	6	50.0%	3	25.0%	2	16.7%
Respite	10	1	10.0%	3	30.0%	3	30.0%	3	30.0%
Support Group	36	19	52.8%	4	11.1%	8	22.2%	5	13.9%
Other	5	1	20.0%	0	0.0%	1	20.0%	3	60.0%
Total	684	262	38.3%	226	33.0%	122	17.8%	74	10.8%

Table 21.1
What Types of Services Did You Receive?
Self Responses by Age

	TOTAL	Less Than 40 Years	%	41 - 60 Years	%	61 Years or Older	%
Aftercare for SA	0	0	??	0	??	0	??
Assessments/Evals	27	9	33.3%	16	59.3%	2	7.4%
Case Management	11	2	18.2%	7	63.6%	2	18.2%
Crisis Management	6	2	33.3%	4	66.7%	0	0.0%
Educational Classes	12	5	41.7%	7	58.3%	0	0.0%
Family Counseling	24	4	16.7%	17	70.8%	3	12.5%
Group Therapy	18	1	5.6%	14	77.8%	3	16.7%
Individual Counseling	72	17	23.6%	44	61.1%	11	15.3%
Inpatient MH	11	6	54.5%	5	45.5%	0	0.0%
Inpatient SA	8	2	25.0%	4	50.0%	2	25.0%
Intensive Outpatient	8	3	37.5%	5	62.5%	0	0.0%
Psychiatric Meds Mgmt	30	9	30.0%	18	60.0%	3	10.0%
Residential MH	1	1	100.0%	0	0.0%	0	0.0%
Residential SA	1	0	0.0%	1	100.0%	0	0.0%
Respite	1	0	0.0%	1	100.0%	0	0.0%
Support Group	19	3	15.8%	12	63.2%	4	21.1%
Other	1	1	100.0%	0	0.0%	0	0.0%

Table 22.0 Was Frequency of Services Adequate?									
		Self		Child(ren)		Spouse		Other	
	Total Responses	N	%	N	%	N	%	N	%
Not Applicable	199	86	43.2%	48	24.1%	40	20.1%	25	12.6%
Yes	107	44	41.1%	38	35.5%	16	15.0%	9	8.4%
No	259	25	9.7%	64	24.7%	79	30.5%	91	35.1%
Total	565	155	27.4%	150	26.5%	135	23.9%	125	22.1%

Table 23.0 Source of Payment <i>*Duplicated/could respond to more than one</i>									
		Self		Child(ren)		Spouse		Other	
	Total Responses	N	%	N	%	N	%	N	%
Employee Assistance Program	20	10	50.0%	6	30.0%	3	15.0%	1	5.0%
Health Insurance	144	64	44.4%	46	31.9%	30	20.8%	4	2.8%
Medicare	19	8	42.1%	1	5.3%	5	26.3%	5	26.3%
Medicaid/Title 19	33	8	24.2%	19	57.6%	1	3.0%	5	15.2%
Reduced Fee/sliding Fee	27	11	40.7%	7	25.9%	6	22.2%	3	11.1%
State Funding/Assistance	22	10	45.5%	9	40.9%	2	9.1%	1	4.5%
Self Pay	111	55	49.6%	32	28.8%	18	16.2%	6	5.4%
Indian Health Services	17	7	41.2%	4	23.5%	5	29.4%	1	5.9%
Veterans Administration	28	10	35.7%	3	10.7%	10	35.7%	5	17.9%
Tricare	19	8	42.1%	3	15.8%	6	31.6%	2	10.5%
Other	7	3	42.9%	2	28.6%	2	28.6%	0	0.0%
Total	447	194	43.4%	132	29.5%	88	19.7%	33	7.4%

Table 23.1 Source of Payment Self Responses by Income Level									
		\$0 - \$30k		\$30k - \$60k		\$60k - \$75k		\$75k +	
	Total Responses	N	%	N	%	N	%	N	%
Employee Assistance Program	10	1	10.0%	3	30.0%	5	50.0%	1	10.0%
Health Insurance	64	8	12.5%	18	28.1%	34	53.1%	4	6.3%
Medicare	8	5	62.5%	1	12.5%	2	25.0%	0	0.0%
Medicaid/Title 19	8	6	75.0%	2	25.0%	0	0.0%	0	0.0%
Reduced Fee/sliding Fee	11	6	54.5%	2	18.2%	3	27.3%	0	0.0%
State Funding/Assistance	10	8	80.0%	0	0.0%	2	20.0%	0	0.0%
Self Pay	55	13	23.6%	20	36.4%	20	36.4%	2	3.6%
Indian Health Services	7	4	57.1%	2	28.6%	1	14.3%	0	0.0%
Veterans Administration	10	5	50.0%	0	0.0%	4	40.0%	1	10.0%
Tricare	8	0	0.0%	2	25.0%	5	62.5%	1	12.5%
Other	3	2	66.7%	0	0.0%	1	33.3%	0	0.0%
Total	194	58	29.9%	50	25.8%	77	39.7%	9	4.6%

Table 24.0 Ended MH or SA Services		
Responses	Number	Percent
Yes	113	65.32%
No	57	32.95%
I Do Not Know	3	1.73%
Totals	173	

Table 25.0 Reasons for Ending Services <i>*Duplicated/could respond to more than one</i>									
		Self		Child(ren)		Spouse		Other	
	Total Responses	N	%	N	%	N	%	N	%
Achieved Goals	128	58	45.3%	39	30.5%	25	19.5%	6	4.7%
Child Care Not Avail	4	1	25.0%	0	0.0%	0	0.0%	3	75.0%
Could Not Afford	29	11	37.9%	10	34.5%	3	10.3%	5	17.2%
Did not Relate	18	5	27.8%	4	22.2%	4	22.2%	5	27.8%
Did not meet Culture	4	1	25.0%	0	0.0%	0	0.0%	3	75.0%
Did not Agree	8	4	50.0%	2	25.0%	0	0.0%	2	25.0%
Lack of Transportation	10	3	30.0%	3	30.0%	1	10.0%	3	30.0%
No Longer Required	16	5	31.3%	5	31.3%	1	6.3%	5	31.3%
No Qualified Provider	6	1	16.7%	1	16.7%	0	0.0%	4	66.7%
Providers' Hours	5	1	20.0%	1	20.0%	1	20.0%	2	40.0%
Other	9	4	44.4%	2	22.2%	1	11.1%	2	22.2%
Total	237	94	39.7%	67	28.3%	36	15.2%	40	16.9%

Table 26.0 Do you believe you or another person needs MH or SA services?		
Response	Number	Percent
Yes	55	11.43%
No	348	72.35%
I Do Not Know	26	5.41%
No Response	52	10.81%
Totals	481	

Table 27.0 Reasons for Not Receiving Services		
Reasons	Number of Responses	Percent of Responses
Afraid to Lose Job	0	0.0%
Cannot Afford Services	30	21.9%
No Qualified Provider in Community	9	6.6%
Lack of Child Care	3	2.2%
Lack of Transportation	8	5.8%
No Knowledge of Service Providers	12	8.8%
Stigma/Embarrassed	26	19.0%
Do Not Want Anyone to Know	18	13.1%
Providers' Hours	11	8.0%
Other	20	14.6%
Total	137	<i>*Duplicated/could respond to more than one</i>

RESPONDENTS' COMMENTS

How would/did you find mental health/substance abuse services? (other responses)

- College degree
- As a health care provider, I have a number of friends who are professionals
- Am in the mental health field so knew where to go
- I am a mental health provider and most of my patients find information online
- I am a counselor in the community
- I work in the mental health field and am aware of available resources
- Lutheran services
- VAH
- Co-Worker/Employer/Employee Assistance Program (x 4)
- Postcard for survey from Chiesman Foundation
- United Way Agency
- Massage therapist; chiropractor
- Church
- Employed in this field
- Card lying in an office of Behavior Management
- Parole officer
- EMPOWER Coalition of the Southern Hills, Inc.
- Trying to help a friend with issues
- Tricare (x 2)
- Doctor
- Sleeping disorder
- IHS
- Workshops
- Vocational rehabilitation
- No services needed (x 3)
- Never contacted them
- Walk in
- VA (x 3)
- If emergency, 911
- The hospital
- Insurance Call Center
- With BMS/Mental Abuse
- You sent to me

Are you aware the following agencies provide mental health or substance abuse services? (Other responses)

- Private practice counselors
- Any businesses that provide information about businesses that have that ability
- Schools
- Church of Jesus Christ of LDS
- Lifeways
- Cornerstone Rescue Mission
- Vocational rehab

-
- BMS
 - EMPOWER Coalition of the Southern Hills, Inc. (x 2)
 - Some of the agencies you have listed provide substandard, ineffective service
 - Christian Life Ministries
 - Crisis Care Center
 - Yankton state hospital
 - AA (x 2)

What services are available in these mental health or substance abuse areas (other comments)?

- Sad but real issue is income for these services. No income no assistance.
- Gender identity issues
- Rapid City has a large community. Every available resource is easily accessible.
- Teen addictions (Lifeways at school helps)
- ATOD Prevention Services-EMPOWER Coalition
- Developmental disabilities
- Neuropsychological evals and cognitive rehab are not available except for vets
- Dissociative Disorders
- YFS covers most of this

What types of mental health and substance abuse services are available (other responses)?

- Is it really in my community if I have to drive 75 miles?
- Any not listed
- public
- ATOD Prevention Education, Diversion-EMPOWER Coalition
- VA Fort Mead Hospital
- Problem is, services are available but often at the case-management level of expertise
- Somatic Experiencing Therapy
- Support group for eating disorders
- It is all in Rapid City

Thinking about the most recent visit, indicate the type of practitioner you, your child(ren), spouse, or other household member saw (other responses)?

- Counselor
- Behavior Specialist
- Texas State Facility
- EMPOWER Coalition
- Sheriff of CC
- ER
- Regular VA doctor
- AA

Received services in the following areas:

- Work related
- Children adopted from DSS
- Counseling after intervening a suicide
- EAP session

-
- Adjustment Disorder
 - Mental retardation
 - Adjustment disorder
 - Divorce stuff

Types of services received:

- Only received care in Texas
- Yearly assessment for seizure medication

The source of payment used to pay for services were:

- County (Outagamie, WI)
- Vocational rehabilitation
- Workman's comp
- Paid LSS
- Champ VA

What were reasons for ending services?

- Moved, received care elsewhere, and did not seek care after returning.
- No longer needed medication consult
- Program provided no mental health treatment
- Started working and couldn't match the hours for the services.
- Children no longer want to access services.
- Insurance did not cover it. So I had to pay out of pocket.
- Dropped out and had no follow-along or follow-up
- Child was reunited with parent

Why have you or others not received services?

- It is for my step-son, and I do not have any authority in this area.
- Have not had success; problem is not life-threatening and does not hinder my work
- Doesn't have a problem
- Spouse often doesn't want to take medications
- Adopted FASD child and as he grew into adulthood services were discontinued as
- IHS although free, I would like more advice other than splash water on my face t
- Having difficulty associate
- Mostly all the service providers do is offer medication.
- Fear. Does not want to be told what to do.
- He has absconded & has a warrant for his arrest
- Waiting list too long
- Provider too busy to assist
- They are not agreeable to go
- Unsure about cost
- Questions unknown
- They do not want to and don't feel there is a problem
- Not willing to admit there is a problem, not willing to change
- Not eligible
- Scared
- No substance abuse or mental health issues
- Not needed (x 3)

-
- I'm not sure why
 - We are healthy
 - Insurance doesn't cover these services very well. Very limited coverage!
 - Nutritional counseling and or support group for eating disorders not available